



# HOOFPRINTS

A Publication of

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## IN MEMORY OF FRANCES G. MILLER



Who passed away 4/20/2020 at the age of 84. Fran had such a zest for life. Not only for her family and friends but her beloved animals, horses in particular. She started riding at the Humane Society in Baltimore when she was a teenager. She went to the MD Institute where she became a commercial artist. She got married and raised her family and then got back into riding when her kids got a little older. She volunteered at the therapeutic riding school when it was in Columbia, MD. Fran and her family moved to a farm in Howard County and started her own riding school. She had many students that she took to local horse shows. Later she started Foxhunting and became involved with the hunt club and hounds. With her artistic talent she got back into art and did many animal portraits, and many were donated for charities to raise money. Fran spent many hours trying to keep the trails open in HoCo with TROT. She will be sorely missed by so many people with her smile and her wit and trying to make people laugh. Donations, which have arrived, will be put in the **Special Olympics Equestrian Team Training Fund**, to assist with the expenses of training lessons every week, show attire purchases, such as boots, gloves, helmet, correct riding pants and shirts.

## TRRC TESTIMONIAL!

Hey Ken,

*I just wanted to say it has been a pleasure working with you on the TRRC tournament for what will be our 30<sup>th</sup> year doing this together in 2020. Lord willing, we will be there with bells (and masks) on. Although my role has diminished in the past few years, my passion for this charity remains as strong as the day I committed to helping you. It makes my heart happy to see Ty carrying Grabbers presence forward with the same enthusiasm and generosity. This experience has truly been one of the most rewarding experiences of my life. TRRC has allowed me to have a positive effect on the community in which I live and help children of people I know. It has been an honor to assist you in bringing the drywall community together to raise money so Ms. Helen and John could create such a beautiful facility for those in need. I am truly blessed to have had this opportunity. Thank you.*

**“Dismiss whatever insults your soul.”**

**Walt Whitman**

## CONVERSATIONS AT THE BARN:

“My pony is my four-legged flower!” “War took so much from me. I am an amputee, my leg and most of my fingers are gone. I have burns everywhere. I am only 24 years old. I cannot sign my name anymore. Riding brought me back to life.” “It is hard to put into words what **Agua** and **Imp** mean to me. I love them so much.”

### WHY NOT?



To care for all of God’s creatures when a **lost homing pigeon**, banded and disoriented, was discovered by the TRRC staff with **Corey Gallagher** in the lead to search for an appropriate sanctuary, and **Brichard Foley** gently placing this pigeon in a bucket with some feed and delivering it to **Frisky’s Wildlife Sanctuary** to enable the experts to take over its care and reunite it with its owner. A tip of the hat to all of you, TRRC staff, for your caring, and no doubt, life-saving gesture.

## GOOD STEWARDS OF THE LAND

As encouraged by Governor Hogan, who has an intense initiative to let the other States know, that Maryland is undertaking Herculean efforts to protect the Chesapeake Bay and all its tributaries, thus the State being involved with the TRRC stream and concentrating on erosion control to be a shining example of this effort. TRRC IS DOING ITS PART!



**Ann Stroyk** an **Environmental Educator** from **The Howard County Conservancy** sampled TRRC’s stream to see how healthy it is. The goats with two Glenelg HS science teachers came to help with the grass and weeds. They were so friendly! We are working with the State on erosion control for the stream. We have had ecologists

out here and project managers to create a “best practice” plan, which the State will fund to implement. The stream had an **Eastern Blacknose Dace**. They also found several benthic macro-invertebrates-water penny, caddisflies, Mayflies, crane flies, snails, and some worms. A great day in the cool water! A pretty healthy stream overall.

## TRRC WORK DAY! TOUCHED BY A COMMUNITY!



**Ervin Johnson, Meaghan Ross** and **Joe Amato** work on horse shelters. **DuBois Murphy** picked up the wood at 7:30am on a Saturday morning, along with **Rick Martinson** and his brother **John** and **Jeff Allison**. Rick recruited a lot of family members--how nice!



**“Success is not final, failure is not fatal; It is the courage to continue that counts.”**

***Sir Winston Churchill***

# CONTAGIOUS PASSION FOR COMMUNITY

**Dave Furman** and **Mark Clark** continue their learning adventure to repair the Center's second RTV, a challenge for sure, especially, working in incredible heat, just like the fence repair crew: **DuBois Murphy**, **Karis Crone Smith**, and **Mary Murphy**, home for a week's vacation from school and other job responsibilities, who worked as hard here, as at her new state residence. How about volunteer **Jeff Allison**, who appears at the most convenient times to move hay about, feed, make repairs, wherever he is summoned, maintaining the trails and racetrack, mowing. **John Tuel's** endless mowing; **Steve Novick** right behind him with a weed-whacker! TRRC cannot do what it needs to do without all the volunteers, staff, and donors.

## BIRDHOUSES INSTALLED!



**Alysa Simms** reports that **Brent** and **John** installed 5 of the birdhouses this morning. We worked on clearing around the halter boxes and the gate entrances of weeds. The boys added to the rock border on the sign garden and we will work on weeding/mulching the area that is overgrown (next week).

## HELPING BRAINS: ONE HELMET LINER AT A TIME

"Scientists behind the Swedish-based company **MIPS** (multi-directional impact protection system) has been designing, testing, and marketing devices to reduce the incidence and severity of traumatic brain injuries—alongside developing a new testing system for helmets—since its founders came together in 1996, which began as a happenstance meeting between brain surgeon **Hans von Holst** and engineer **Peter Halldin** combined forces more than 20 years ago to develop MIPS technology. In short, MIPS produces a liner that can be integrated into a helmet. This low coefficient sliding layer or liner allows the head to move 10-15 millimeters relative to

the helmet in all directions on impact, thus reducing the rotational motion to the brain, which, according to their research, can reduce brain injuries in severity and in number. It is all about rotation. Normal helmets are only tested for linear impacts, and no one falls like that. The best way to protect your brain: rotation protection--which mimics the safety system inside our head, where the brain can slide a little, but against the skull in the cerebral spinal fluid. We copied that system into our (**Tipperary**) helmet. To date, 27,000 tests have been conducted in the MIPS on-site laboratory. MIPS helmet can change the outcome of your fall from concussion to no concussion or lower the injury from severe to moderate. MIPS is the start to absorb every type of energy, so you don't injure your brain." **Lindsay Berreth**, May 4 & 11, 2020 ([COTH.COM](http://COTH.COM))

## EAGLE SCOUT PROJECT!

My name is **Konnor Stewart** and I am a **Life Scout** with **Troop 540** in **Fulton, MD**. To achieve the rank of Eagle and be awarded your Eagle Scout, you have to complete a service project that benefits a service organization, school, community, city, state, etc. I chose **TRRC** because I like the mission that they believe in and, my particular interest is because my nephew suffers from severe autism and this facility supports those who have disabilities. My project at TRRC was building, painting and mounting 8 halter boxes around the campus to hold horse halters, toys and other accessories for the horses housed at the facility. These boxes help the instructors while on the trail. These boxes would provide renewed protection for the horses when they are out in the fields. A total of seventeen volunteers (Scouts and adults) came together on July 11-12, 2020 to complete this project. I really enjoyed working on this project and I hope to see great things come from this facility as I encourage other Scouts, in the future, to look at TRRC as a viable option to picking an Eagle Scout project.



