



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.



Volunteer Packet Contents

Thank you for your interest in the Therapeutic and Recreational Riding Center, Inc. (TRRC), a Premier Accredited Program through the North American Riding for the Handicapped Association.

Enclosed in you will find the forms necessary for volunteering.

Forms in Packet:

1. Volunteer Application
2. Volunteer Contract (2 pages)
3. Health History
4. Authorization for Emergency Medical Treatment
5. Confidentiality Agreement
6. Volunteer Behavior Contract
7. Fire Evacuation Procedure
8. Volunteer/Parent/Caregiver Information Sheet
9. Volunteer Information Sheet
10. Membership Application
 - Membership is optional but strongly suggested. Membership donation fees along with grants and fundraisers subsidize 50% of program services. We deeply appreciate your donation, large or small. Your membership donation will help fund scholarships, purchase/maintain equipment, equine support, maintain/upgrade facilities and bring smiles to our many riders and their families.
 - A yearly membership donation is \$35.

PLEASE READ THESE FORMS CAREFULLY and sign ALL forms. These forms must be completed and returned to TRRC *before* volunteering.

TRRC, Inc. is a 501(c) (3) non-profit charitable organization. In an effort to keep costs at a minimum for our riders, TRRC, Inc. *depends* on the volunteer efforts of riders' family and friends. The Center is always in need of volunteers to donate an hour or two (or more) each week.

Volunteers can help in many ways, depending on their interest and skills, and on the needs of the Center. Leading, sidewalking, grooming and tacking the horses; stable management, fund-raising, special events and office work all offer excellent volunteer opportunities. Training, support and social events are available. If you are interested or know anyone who might be, please contact TRRC, Inc. at 410-489-5100.

TRRC, Inc. is a Premier Accredited Program through the North American Riding for the Handicapped Association (NARHA) and is a member of the Federation of Riding for the Disabled International.

We are a smoke, alcohol and drug-free environment!



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

INTRODUCTION TO OUR VOLUNTEERS



You are about to experience a very rare and unique volunteer opportunity at the Therapeutic Recreational and Riding Center, Inc. (trrcmd.org) in Glenwood, Md.

Hippotherapy (Hippo is the Greek word for horse) is increasingly becoming the choice of therapy for certain Special Needs Riders who have challenging medical conditions such as Down's Syndrome, Autism, Muscular Dystrophy, Cerebral Palsy and other disorders that require therapy.

These conditions can be served effectively in our unusual clinical setting that uses horses on a farm for therapy instead of using large round balls found in a typical medical/therapy clinic.

Your role as Volunteers will sweep you into this awesome world full of new endless possibilities and successes that were not accessible to our riders in the not-too-distant past. And, your rewards as a Volunteer in this unique clinical arena will be just as endless and successful.

You will be working closely with our Special Needs Riders and their Therapists/Instructors as a critical team member who helps them through the tough exercises they must complete so they can make the kind of progress that only Hippotherapy can offer.

Because of the confidential and sensitive nature of Hippotherapy, you will be initially required to fill out a multi-page application online and complete a short Orientation/Training procedure at our facility before engaging in this highly rewarding volunteer opportunity.

At our friendly and customer-oriented facility, it will be common for you to find yourself making many new friends with the Riding Center Staff, Therapists and most importantly with our lovable horses.

You will be guided on the confidential ins and outs of working with Special Needs Riders and will grow an appreciation for the worthy goals of our enterprise in helping the Special Needs Community in such a fun-filled way.

In time, it will be easy for you to see why you will become part of a network of volunteers that are unlike any others and we are so grateful that you have decided to become one of ours.



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Volunteer Application



GENERAL INFORMATION *(print):*

Volunteer: _____ Date of Birth: _____ 

Gender: M _____ F _____ Height: _____ Weight: _____ *** For the health and safety of rider, horse and staff, TRRC has a weight restriction of 190 pounds. All riders agree to be weighed prior to riding as a condition precedent to their participation.**

Address: _____ City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Alt. Phone: _____ E-mail: _____

Employer/School: _____ Title/Grade: _____

Address: _____

Phone: _____

Parent/Legal Guardian/Caregiver: _____

Address (if different than above): _____


Phone: _____

Referral Source: _____ Phone: _____

How did you hear about the program? _____

Riding Ability: _____ Beginner (Less than 2 yrs. experience) _____ Novice (2-6 yrs. experience) _____ Intermediate (6-12 yrs. experience)

_____ Advanced (12+ yrs. experience)

 **We request that you be at least 14 years old and able to conduct yourself according to all TRRC rules, regulations and behavioral policies**

Have you ever been charged with or convicted of a crime? Y___ N___ (If yes, please explain)

I, _____, authorize TRRC, Inc. to receive information from any law enforcement agency, including police departments and sheriff's departments, of this state or any other state or federal government, to the extent permitted by state and federal law, pertaining to any convictions I may have had for violations of state or federal criminal laws, including but not limited to convictions for crimes committed upon children.

I understand that such access is for the purpose of considering my application as a volunteer, and that I expressly DO NOT authorize TRRC, Inc., its directors, officers, employees, or other volunteers to disseminate this information in any way to any other individual, group, agency, organization or corporation.

Signature _____  Date: _____



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Volunteer Health History

(Note: this form needs 2 (two) signatures below)



Name: _____

DOB: _____

HEALTH HISTORY:

PLEASE complete each row of the columns below!

Please indicate any special needs/concerns:	Yes	No	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies (i.e. asthma, bee sting, dust)			
Other			

Please list pertinent information under the appropriate heading:

MEDICATIONS (include prescription, over-the-counter & herbal; name, dose, and frequency):

PHYSICAL FUNCTION (describe abilities/difficulties; mobility skills):

PSYCHO/SOCIAL FUNCTION (describe abilities/difficulties; work/school issues, grades completed, hobbies, fears, companion animals...):

GOALS (i.e., Why are you applying for participation? What would you like to accomplish?):

To my knowledge, there is no other information about the applicant that is pertinent to TRRC, Inc. and/or riding horses:

Signature of Responsible Party from Page 1

Date



Required Signature of 2nd Parent/Guardian

Date



TRRC's insurance requires the 2nd signature.

If there is a special circumstance, please contact Helen Tuel, Director, TRRC, Inc.



Since 1983

THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Volunteer Contract



Volunteer's Name: _____ Date of Birth: _____

Parent/Guardian/Caregiver: _____

Relationship: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Work Alt. Phone: _____

E-Mail: _____

Volunteers for the therapeutic riding program must be 14 years of age and agree to work a minimum of a 3-hour shift per week (unless otherwise noted) for at least 8 weeks, and attend volunteer training meetings.

Absences: TRRC, Inc. requires a 24-hour notice of all absences either by phone or email. Unexcused absences may lead to dismissal.

Prescription Medicine: All non-emergency prescription medicine should be used before arrival at TRRC, Inc. Any persons (staff, volunteer, student/camper and family visitors) needing emergency medication due to a pre-existing condition, should have this noted in file by a physician. In order for TRRC, Inc. staff to administer emergency medication, release and emergency contact forms must be filled out and on file. Parents/Guardians and adult volunteers are responsible for keeping their own files current beyond TRRC's annual update. Any emergency medication should be carried at all times and include specific directions.

Medical Information & Approval for Volunteering: TRRC, Inc. reserves the right to request yearly updates of medical histories and to make the final judgment of whether the applicant/volunteer is medically able to participate in equine activities.

Representation: Volunteer and/or Responsible Party warrant and represent that Volunteer has no disability, impairment or ailment preventing him/her from engaging in active exercise or that will be detrimental to his/her health, safety or physical condition if he/she does so engage or participate. This representation is made by the Volunteer and Responsible Party knowing that TRRC, Inc. will rely upon same representation with respect to riding or other activities offered.

THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Dress Code: Proper clothing includes long pants, and fully closed shoes are to be worn, no open-toed or open-backed shoes are allowed, and no large or dangling jewelry. TRRC, Inc. staff reserves the right to inspect and approve/disapprove gear and/or require additional gear for safety, weather and other conditions.

Valuables: Everyone is urged to avoid bringing valuables on the premises. TRRC, Inc., its agents or employees, shall not be liable for loss, theft or damage to personal property of riders, family members or guests.

Liability: Rider and/or rider's family and guests using the facilities and equipment, do so at their own risk. TRRC, Inc. shall not be liable for any damages arising from personal injuries or damages sustained in, on or about the premises. Rider and Responsible Party assume full responsibility for any injuries or damages, and do hereby and forever, release and discharge TRRC, Inc. and its owners, employees and agents, from any and all claims, demands, damages, rights or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of the rider's, family's, or guests' use or intended use of facilities and/or equipment.

Weight Restriction: For the health and safety of rider, horse and staff, TRRC has a weight restriction of 190 pounds. All riders agree to be weighed prior to riding as a condition precedent to their participation.

Signature: _____
Volunteer, Parent or Legal Guardian
Signed in presence of Center staff

Date: _____

It is understood that photographs/videotapes are routinely made of riders, volunteers, staff members and other participants in the program. TRRC, Inc. is hereby granted permission to make use of such photos/videos in which the rider, family or guests may appear for TRRC's publications, presentations for public awareness, educational/research or other purposes.

PHOTO RELEASE

I ☐ **DO** ☐ **DO NOT** consent to and/or authorize the use and reproduction by TRRC, Inc. of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature: _____
Volunteer, Parent or Legal Guardian
Signed in presence of Center staff

Date: _____



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Authorization for Emergency Medical Treatment



Volunteer's Name: _____ DOB: _____ Phone: _____

Address: _____

Primary Physician Name: _____ Phone # _____

Preferred Medical Facility: _____

Health Insurance Co.: _____ Policy # _____

Allergies to medications: _____

Current medications: _____

In the event of an emergency, contact:

Name: _____ Relationship: _____ Phone #: _____

Alt. Phone #: _____

Name: _____ Relationship: _____ Phone #: _____

Alt. Phone #: _____

CONSENT PLAN: In the event emergency medical aid or treatment is required due to illness or injury while receiving services or while on the property of TRRC, Inc., I authorize TRRC, Inc. to:

1. Secure and retain medical treatment and transportation as needed.
2. Release client records upon request to authorized individual or agency involved in medical emergency treatment.

This authorization includes x-ray, surgery, hospitalization, medication, and any treatment procedure deemed "life saving" by the physician or emergency personnel. This provision will only be invoked if the person(s) above is unable to be reached:

Consent Signature: _____ Date: _____

Volunteer, Parent or Legal Guardian
Signed in presence of Center staff

Printed Name of Above: _____ Phone # _____

NON-CONSENT PLAN: I do not give my consent for emergency medical treatment/aid in the case of illness or injury while receiving services or while on the property of TRRC, Inc.

___ Parent, legal guardian or caretaker will remain on site at all times during equine assisted activities

___ In the event emergency treatment/aid is required, I wish alternate procedures to take place:

Non-Consent Signature: _____ Date: _____

Volunteer, Parent or Legal Guardian
Signed in presence of Center staff

Printed Name of Above: _____ Phone # _____



Since 1983

THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Confidentiality Policy and Agreement



TRRC, Inc. shall preserve the right of confidentiality for all individuals in its program. Any and all full and part-time staff, independent contractors, temporary employees, board members, volunteers, and others, shall keep confidential all medical, social, referral, personal, and financial information regarding a person and his/her family.

TRRC, Inc. recognizes that a rider of his/her family members may not have legal authority to disseminate information, whether due to age or mental capacity. As a general rule, infants and children under the age of 18 years DO NOT have legal authority to consent to disclosure. Only parents, legal guardians, or others (as defined by the state statute) have this authority. Adults with developmental disabilities are presumed legally competent to give or deny disclosure unless they have been adjudicated incompetent to make this type of health care decision. If a substitute decision-maker has been appointed, TRRC, Inc., and its representatives, must obtain specific and informed written consent from that individual.

The policy extends to all situations involving TRRC, Inc. and its clients, whether or not any information was disseminated accidentally or on purpose.

TRRC, Inc. shall not disseminate to its employees or others, knowledge of a person's medical or sensitive information unless there is a risk to others through casual contact and permission has been obtained.

TRRC, Inc. shall reserve the right to use universal precautions for all situations in which staff may be exposed to the blood of a rider. TRRC, Inc. shall act under the assumption that all riders may have a blood borne disease. Such actions do not indicate a breach of confidentiality, but rather a general policy for use in all situations in which persons are exposed to another's blood.

TRRC, Inc. shall only disclose information to outside agencies/individuals with the specific written consent of the rider/legal representative. In cases of medical emergency due to illness or injury while receiving services or while on the property of TRRC, Inc., this policy shall recognize to the required Authorization for Emergency Medical Treatment as such required written consent.

Any breach of the above confidentiality policy by staff, volunteers, and other persons will result in:

- 1) a documented verbal warning;
- 2) a formal written reprimand;
- 3) dismissal.

Confidentiality Statement

By signing below, I certify that I understand and will observe the confidentiality policy of TRRC, Inc.

Signature

Date

Witness Signature

Date

Print Name



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

Volunteer Behavior Contract



THE BOTTOM PORTION MUST BE SIGNED and RETURNED TO TRRC!

At TRRC, Inc., safety is our top priority. To ensure the safety of the riders, staff and horses, we ask that you review the following guidelines with your child. Both the parent/guardian and student should sign the contract and return the bottom segment to TRRC, Inc. If the rider is an adult, we ask you to sign this as well.

1. Arrive 30 minutes before your lesson to allow time to find your helmet and be prepared for your lesson.
2. Students will wear a properly fitted ASTM/SEI approved helmet at **ALL** times while mounted. Helmets are the most important piece of equipment you will have. Although we do have spare helmets, we strongly recommend you purchase your own properly fitted helmet.
3. Students will wear shoes with a heel (preferably boots) and long pants.
4. Students should not mount until they are instructed to do so
5. We encourage the students to take responsibility for their horses. Students should (when appropriate) bring their horses to the arena. They may help groom, tack, and after their ride, untack and take out the horses if they are done. This should always be done with the permission and supervision of the staff.
6. **NO ONE will be allowed to hurt or abuse the horses, staff, riders or fellow volunteers. Unacceptable behavior will result in early dismissal. If such behavior is not corrected, the volunteer may be asked to leave the program.**
7. The student agrees to listen to the instructor/therapist and follow directions.
8. Students are encouraged to ask questions and ask for help when needed.
9. No running or roughhousing in the rider support building, arena, barn and other areas where horses are present.
10. Touching another rider or instructor in an inappropriate manner may be grounds for removal from the program.
11. Please do not enter stalls without the permission of the instructor/therapist or paid staff.
12. When offering horses a treat, we require you to use the "carrotting method" of placing the treat in a dish and slipping it under the door. Putting your hand through the bars can be dangerous as the horses may mistake your fingers for a treat. Carrots, apples and horse cookies are all welcome. No sugar cubes or candy, please - it hurts their teeth.
13. When in the observation room, please speak quietly and do not tap on the glass – it scares the horses.
14. NO SMOKING, NO DRUGS (except prescription medication) and NO ALCOHOL use prior to riding.
15. Please be respectful of the horses, equipment and people while you are at TRRC, Inc.
16. HAVE FUN!!!!

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

Volunteer Signature Date

Parent/Guardian Date

YOUR COPY

Cut Here

Please sign and return **this portion** to TRRC, Inc. If the volunteer is a minor, both the parent and child should sign the contract.

I (we) have read the above contract and agree to follow the above rules set by TRRC, Inc. I understand that failure to follow the above rules may lead to dismissal from the program.

Volunteer Signature Date

Signature of Parent/Guardian Date

Printed Name of Parent/Guardian Date

Printed Name of Volunteer

TRRC'S COPY
(VOL Rider Behavior Contract)



THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.

TRRC Fire Evacuation Procedure



THE BOTTOM PORTION MUST BE SIGNED and RETURNED TO TRRC!

When the FIRE ALARM sounds:

- All riders and family members must immediately and orderly exit the Rider Support Building, stalls or arena and proceed to the **flag court** at the top of the hill. Delay in exiting the building could interfere with trained staff assisting riders needing support, and the horses.
- Exit the building at the nearest **EXIT** (marked with the red EXIT sign and a spot light).
- All riders on the trails will dismount and remain in radio contact to await further instruction.
- Do NOT return into any building, stall or arena again for ANY REASON.
- A senior staff member has been assigned to sweep the building and assure that every single person is out of the building and all rooms are vacated. Once the building has been checked, the staff will be able to assist with the horses.
- Do NOT go into any of the riding arenas or stalls to help the staff, or to retrieve riders or horses. The staff has been trained on the proper emergency evacuation procedures and will join family members at the flag court. NO HORSES WILL BE RESCUED UNTIL ALL PEOPLE ARE SECURED SAFELY.
- Do NOT attempt to assist with the horses. They could become very unpredictable and dangerous with all of the activity, noise and smells. Allow only trained staff members to work with the horses.
- Do NOT drive away from TRRC when the fire alarm sounds even if you have your rider. Moving vehicles will add to the confusion and are too dangerous with all of the movement of people and horses.
- All vehicles and debris must stay clear of the fire lanes and driveway to allow access by Emergency Vehicles.
- Once the "All Clear" is given, staff, riders, and family members can proceed back to the buildings for normal operations.

Thank you for following these life-saving procedures to assure the safety of our loved ones, both human and animal.

By signing below, I agree to follow the Fire Evacuation Procedures

Rider/Guardian Signature Date

YOUR COPY

Cut Here

By signing below, I agree to the Fire Evacuation Procedures

Rider/Guardian Signature Date

Printed Name of Rider

TRRC'S COPY
(Fire Evacuation)



Volunteer/Parent/Caregiver Information Sheet

Thank you for choosing to volunteer at TRRC, Inc. Our primary goal at TRRC is **safety**. You can help us to keep [your child] safe by following a few simple rules:

- **Remember to [have your child] wear the proper clothing: shoes with heels or boots, and long pants. Volunteers will not be allowed to work in sneakers or shorts.**
- No dangling jewelry. No perfumes, as they attract bees and biting insects.
- Please do not let the student mount unless requested to do so by the instructor or therapist.
- Please do not enter stalls or allow your child, siblings, and friends to do so unless supervised by staff.
- When in the observation room, do not tap on the glass – it scares the horses. Encourage children to speak, move quietly in this area – strong sounds can scare the horses.
- Please no flash photography. The flash may frighten the horses. Staff will be happy to take the horse outside into better lighting if time allows.
- No dogs are allowed in or around the barn and arenas (indoors or outdoors). If you bring your dog and need to walk it, please keep it on the leash and well away from the horses and riders.
- If you see anything that might be unsafe or dangerous, such as reins that are hanging loose or someone in trouble, PLEASE notify a staff member immediately.
- **We encourage all family members to be current in CPR/First Aid.** The Center has an AED (Automated External Defibrillator) – an oxygen tank is located with the AED. Staff is certified annually in its use.
- If there is anything you need, please do not hesitate to ask.



Therapeutic and Recreational Riding Center, Inc.

Volunteer Information Sheet



PLEASE PRINT ALL INFORMATION

I am looking to fulfill a community service commitment and will volunteer for 2 days or less: _____

Please explain: _____

Volunteer Name: _____

(PRINT)

Last

First

Address: _____

(PRINT)

City

State

Zip

Home Phone: _____

Work/Alt. Phone: _____

Cell Phone: _____

Cell Phone: _____

TRRC utilizes an automated calling and texting service for emergency notifications, including closure due to inclement weather. Indicate preferred contact number(s) with an asterisk () - maximum two please.*

Volunteer DOB: _____ *mm/dd/yyyy*

E-mail address: *PRINT CLEARLY!* _____

**Printed Names of
Parent(s)/Guardian(s):** _____

Therapeutic and Recreational Riding Center, Inc.

3750 Shady Lane, Glenwood, MD 21738

Office: 410-489-5100

Fax: 410-489-3663

trrc01@aol.com

www.trrcmd.org

THERAPEUTIC AND RECREATIONAL RIDING CENTER, INC.



Membership Application



TRRC, Inc. is a 501 (c) (3) non-profit charitable organization. We could not offer quality services without support from the community. The private donations, grants, and fundraisers subsidize 50% of program services. We deeply appreciate your donation, large or small. Your membership donation will help fund scholarships, purchase/maintain equipment, equine support, maintain/upgrade facilities, and bring smiles to our many riders and their families.

I would like to become a Member. I have enclosed \$ _____ for the membership level checked below:

_____ Hoofprints	\$ 35
_____ Pony	under \$100
_____ Mustang	\$100
_____ Stallion	\$500
_____ Thoroughbred	\$1,000

Name: _____
Last First

Address: _____

City State Zip Code

Home Phone: _____ Work/Alt. Phone: _____

E-mail Address: _____ **(PLEASE PRINT)**

Parents/Guardians: _____

My employer has a matching gift program: Y _____ N _____ (If yes, please forward a copy of the policy)

I am a Federal Employee (The CFC Campaign accepts TRRC, Inc.): Y _____ N _____

Please fill in below if this is a gift membership:

Name: _____
Last First

Address: _____

City State Zip Code